



2009 Cardinal Invitational Short Course Yards March 1st

USMS Sanction # 419-0002

- The Event:* The proceeds from this swim meet will be used to help fund swimming scholarships for in-state students at the University of Louisville. To date, we have raised \$7,100 to support varsity swimmers.
- Facility:* Competition will be held at Ralph Wright Natatorium at the University of Louisville. The facility is a brand new indoor 50-meter, 8-lane, 2-meter deep pool operated at 80 F with non-turbulent lane lines and electronic timing. There will be separate lanes available for warm-up and loosen-down during the meet. The natatorium is located at 2216 S. Floyd Street in Louisville. Parking is available in the Floyd Street Parking Structure and behind the facility.
- Eligibility:* Open to all registered Masters Swimmers holding a valid 2009 USMS Card. For further information on registration contact Susan Ehringer by e-mail at KyRegistrar@usms.org.
- Rules:* 2009 USMS rules apply. All events are timed finals. There is a limit of five (5) individual events per day plus relays. Your age as of March 1, 2009 determines your age group for the meet.
- Online Entries:* The online entry system is available at www.TYRGrandPrix.com. The online deadline is Wednesday, February 25th, 2009. The fee for online entries is \$25.
- Paper Entries:* Paper entries must be received by Saturday, February 21, 2008. The fee for the paper entries is \$30.00. This includes up to five events. Make checks payable to the **Cardinal Swimming Booster Club**. Deck entries will be accepted prior to the end of warm up. The cost is \$50. Mail your meet entry, check and photocopy of your USMS Card to:
- Mark Gill
2922 Riedling Drive
Louisville, KY 40206
- Questions, contact Mark at mark.gill@usms.org or by phone at (480) 784-7112.
- Seeding:* All events will be pre-seeded (Women & Men separate) slowest to fastest.
- Relays:* Relays will be deck seeded at the meet. There is no cost for relays. All members of each relay must be members of the same USMS club.
- Scoring:* Top three places within each age group and sex will score points: 5-3-1.
- Results:* During the meet, results will be posted. At the conclusion of the meet, results will be posted online at www.kylmsc.org.

Social: Following the meet, we will gather at The Cardinal Hall of Fame Café for food and drink. It is located at 2745 Crittenden Drive, just a few feet from the Hilton Garden Inn. Directions will be available at the meet.

Hotel: There are several hotel options a short distance from the pool. We recommend:

Hilton Garden Inn
2735 Crittenden Drive
Louisville, KY 40209
(502) 637-2424

Ramada Inn
2912 Crittenden Dr,
Louisville, KY 40209
(502) 637-6336

Country Inn & Suites
2850 Crittenden Dr
Louisville, KY 40209
(502) 753-5555

Meet Director: Mark Gill – mark.gill@usms.org
(480) 784-7112

Order of Events

Sunday – Warm up starts at 9:00 am and the meet begins at 10:00.am.

Event Order			
1	Women	100	Breast
2	Men	100	Breast
3	Women	200	Free
4	Men	200	Free
5	Women	400	IM
6	Men	400	IM
7	Women	50	Free
8	Men	50	Free
9	Women	100	Back
10	Men	100	Back
11	Women	200	Fly
12	Men	200	Fly
13	Women	50	Breast
14	Men	50	Breast
15	Women	100	IM
16	Men	100	IM
17	Women	200	Back
18	Men	200	Back

Event Order			
19	Women	500	Free
20	Men	500	Free
21	Women	100	Fly
22	Men	100	Fly
23	Women	50	Back
24	Men	50	Back
25	Women	200	Breast
26	Men	200	Breast
27	Women	100	Free
28	Men	100	Free
29	Women	50	Fly
30	Men	50	Fly
31	Women	200	IM
32	Men	200	IM
33	Women	200	Free Relay
34	Men	200	Free Relay
35	Mixed	200	Free Relay

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Registration Information (please print)

Last name _____ First name _____

USMS number _____

Club _____ Team (if part of SKY) _____

Address _____

City _____ State _____ Zip _____

Phone (____)____-_____ Email _____

Date of Birth _____ Age on March 1st _____ Gender ____ M ____ F

Emergency Contact Name _____ Phone Number _____

Entry Fee \$30 or \$50 – payable to Cardinal Swimming Booster Club. Please attach USMS card.

Women	Entry Time	Event	Men	Entry Time
1	____:____.____	100 Breast	2	____:____.____
3	____:____.____	200 Free	4	____:____.____
5	____:____.____	400 IM	6	____:____.____
7	____:____.____	50 Free	8	____:____.____
9	____:____.____	100 Back	10	____:____.____
11	____:____.____	200 Fly	12	____:____.____
13	____:____.____	50 Breast	14	____:____.____
15	____:____.____	100 IM	16	____:____.____
17	____:____.____	200 Back	18	____:____.____
19	____:____.____	500 Free	20	____:____.____
21	____:____.____	100 Fly	22	____:____.____
23	____:____.____	50 Back	24	____:____.____
25	____:____.____	200 Breast	26	____:____.____
27	____:____.____	100 Free	28	____:____.____
29	____:____.____	50 Fly	30	____:____.____
31	____:____.____	200 IM	32	____:____.____
33	Deck Enter	200 Fr Relay	34	Deck Enter

“I, the undersigned participant, intending to be legally bound, hereby certify that I am physically fit and have not been otherwise informed by a physician. I acknowledge that I am aware of all the risks inherent in Masters Swimming (training and competition), including possible permanent disability or death, and agree to assume all of those risks. AS A CONDITION OF MY PARTICIPATION IN THE MASTERS SWIMMING PROGRAM OR ANY ACTIVITIES INCIDENT THERETO, I HEREBY WAIVE ANY AND ALL RIGHT TO CLAIMS FOR LOSS OR DAMAGES, INCLUDING ALL CLAIMS FOR LOSS OR DAMAGES CAUSED BY THE NEGLIGENCE, ACTIVE OR PASSIVE, OF THE HOST FACILITIES, MEET SPONSORS, MEET COMMITTEES, OR ANY INDIVIDUALS OFFICIATING AT THE MEETS OR SUPERVISING SUCH ACTIVITIES. In addition, I agree to abide by and be governed by the rules of USMS.”

SIGNATURE _____